

Community Food Council for DNATL

Retreat Notes
February 2, 2013

Requa House

Facilitator: Terry Uyeki

In attendance: Angie Fuhrmann, Thomas Wortman, Connor Caldwell, Deborah Kravitz, Paul Madiera, Chris Harper, Paul Hess, Cris McCullum, Rachel McCain, Amber Talburt, Brian Quilty

9:30am start: Registration and light refreshments

Welcome and Introductions – Angie Fuhrmann and Thomas Wortman

- Everyone went around introducing themselves, and what accomplishments they have been involved in using the Food Council's accomplishment poster.

Gradients of Agreement for Retreat

0 = Want more information, need more discussion

1 = I like it!

2 = I like it but w/ reservations

3 = I could go either way

4 = I disagree, but will go along with the majority

5 = I would veto this proposal if I could

Criteria to Prioritize Projects and Policy Changes

- People energy: Community support and inspire/trigger momentum
- Sustainability: Can be institutionalized, Resources and funding available
- High Impact, High Scope (all encompassing): Equity of opportunity
- Impact: Can evaluate results
- Effective: Look at successful programs, Able to tailor/innovate, Pilot innovation likely to succeed
- Achievability: With infinite period

World Café

- 6 tables were set up, with each one corresponding to a Food Assessment Recommendation. Everyone chose 2-4 objectives that they were most interested in and divided their time between them. Each table gave people the chance to see ideas for projects and policies that were proposed at the last food council meeting, as well as to come up with new ideas. Hosts from each table then reported out their findings
- Project/Policy Ideas became narrowed down to:
 1. Expansion/Marketing Education of Food Assistance Program
 2. School Wellness Council Representation/Collaboration

3. Fish CSA
4. Grocery Store Shuttle: Food to Neighborhoods and People to Food
5. Pilot Conversion in 1 small market - Tapping Freshworks Fund
6. Utilize Wild Rivers Market: Taste Comparisons/Locally Grown Signs, Requiring Source I.D/ Social Program
7. Community Education Series: gardens, tribal k., cooking, preserving
8. Meet w/ local governments and pressure
9. Policy Change: Food Bank, influence/ donate (e.g. Rethink your drink)
10. Create Market of Institutions for local food
11. Buying from local fisherman for CC distribution
12. Recruit more farmers
13. Nutrition Network

Lunch Break

- During/After lunch everyone rated the project/policy ideas against the criteria developed earlier in the day.

Prioritized Working Groups

The group prioritized each project with a color:

Green: High Priority, start working on now

- Expansion/Marketing Education of Food Assistance Program
- School Wellness Council Representation/Collaboration
- Pilot Conversion in 1 small market - Tapping Freshworks Fund
- Utilize Wild Rivers Market: Taste Comparisons/Locally Grown Signs, Requiring Source I.D/ Social Program
- Community Education Series: gardens, tribal k., cooking, preserving
- Meet w/ local governments and pressure
- Buying from local fisherman for CC distribution

Blue: Important, but less of a priority (in next 6-12 months)

- Grocery Store Shuttle: Food to Neighborhoods and People to Food
- Policy Change: Food Bank, influence/ donate (e.g. Rethink your drink)
- Create Market of Institutions for local food
- Recruit more farmers

Yellow: Address later (after this year)

- Fish CSA
- Nutrition Network

3 projects were chosen to start working on at the retreat and 3 working groups were formed:

- Tribal Fishery: Chris Harper, Thomas Wortman
- Local Market conversion: Angie Fuhrmann, Connor Caldwell, Deborah Kravitz
- Community Education Series: Paul Madiera, Paul Hess, Rachel McCain, Cris McCullum, Brian Quilty

- Each group went through a SWOT Analysis and Project Action Plan. Then each smaller group presented to the larger group for a general discussion. After everyone presented, each person in attendance got to go to each action plan and add their name if they could anything to that group.

Notes on Community Education (CR) Series

- Community learning workshops
 - Promote community gardens
 - Seed/starts exchanges – CC Garden leftovers FB Page but targeted to producers
 - Workshops at each community garden
- Tribal knowledge/talk to elders
- Involve Hmong community
- Demonstration Cooking Series
 - i.e. – Gluten free
 - i.e. – Crock pot
 - i.e. – alternatives to GMO
- Food Preservation Series
 - Link people w/ existing resources
 - Consolidate existing programs/teachers/groups/other individuals
 - Be the “organizers”
- Free and open to all (funding?)

Next Steps

- Feb 19 – CFC meeting
 - Recap retreat proceedings
 - County Health Fair: food and fundraiser
 - Solidify Community Education Series
- Prior to Meeting
 - Write up meeting proceedings (Brian)
 - PowerPoint (Brian)
 - Each working group report + start the work itself
 - Phone calls: Deb: Martha + Joe; Connor: Teri; Chris: Tayshia

Bike Rack

- Working Calendar
- Grant Chart