



December Health Fair



Free!
All are welcome!

Get your
flu shot here!

THURSDAY DECEMBER 6TH
Exams from 9am to 1pm*

WHERE:

Consulate General of Mexico
2093 Arena Blvd.
Sacramento, CA 95834

For more information:

Isabel Flores
Ventanilla de Salud
Coordinador
916-329-3502
iflores@healthedcouncil.org

NO APPOINTMENT NEEDED

*Some health exams may be limited depending on the number of participants and can vary month to month. Will be attending on a first come, first serve basis.

- Flu Shots
- Asthma detection
- Glucose
- Blood Pressure
- BMI
- Dental (no dental work or cleanings)

Agencies providing Information on:

- Medical and Dental Insurance
- FamilyPACT Program
- Child/young adult disabilities
- Educational guides on various topics
- Mental health & family assistance
- Nutrition, health, clinics, dentists and available programs in your area.
- Banking services
- Raffles, activities and much more!



The Ventanilla de Salud is a program of the Health Education Council. The Ventanilla de Salud program is a partnership between the Mexican Consulate in Sacramento and Health Education Council. To learn more about our programs please visit www.healthedcouncil.org